



Physical Therapy • Rehabilitation • Wellness

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Carolina Rehab Statesville • Mooresville

NAME \_\_\_\_\_

DIAGNOSIS \_\_\_\_\_

RETURN VISIT/TIME \_\_\_\_\_

### TREATMENT REQUEST

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Evaluate and Treat             | <input type="checkbox"/> Cold Packs               | <input type="checkbox"/> Hand Therapy                |
| <input type="checkbox"/> Functional Capacity Evaluation | <input type="checkbox"/> Hot Packs                | <input type="checkbox"/> TMJ                         |
| <input type="checkbox"/> Work Conditioning              | <input type="checkbox"/> Ultrasound               | <input type="checkbox"/> Wound Care                  |
| <input type="checkbox"/> Isokinetic Testing             | <input type="checkbox"/> Phonophoresis            | <input type="checkbox"/> Increased Physical Activity |
| <input type="checkbox"/> Therapeutic Exercise           | <input type="checkbox"/> Iontophoresis            | <input type="checkbox"/> Vestibular Rehab            |
| <input type="checkbox"/> ROM-Passive / Active           | <input type="checkbox"/> Electric Stimulation     |  |
| <input type="checkbox"/> Strengthening                  | <input type="checkbox"/> TENS                     |  |
| <input type="checkbox"/> Neuromuscular Re-Education     | <input type="checkbox"/> Biofeedback              |  |
| <input type="checkbox"/> Proprioceptive Training        | <input type="checkbox"/> Manual Cervical Traction |  |
| <input type="checkbox"/> Joint Mobilization             | <input type="checkbox"/> Cervical Traction,       |  |
| <input type="checkbox"/> Soft Tissue Mobilization       | <input type="checkbox"/> Home Unit                |  |
| <input type="checkbox"/> Edema Management               | <input type="checkbox"/> Whirlpool Treatment      |  |
| <input type="checkbox"/> Desensitization                |   |  |

### GOALS AND OBJECTIVES

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Relieve Pain      | <input type="checkbox"/> Reduce Edema           | <input type="checkbox"/> Return to Work    |
| <input type="checkbox"/> Increase Mobility | <input type="checkbox"/> Prevent Contractures   | <input type="checkbox"/> Patient Education |
| <input type="checkbox"/> Increase Strength | <input type="checkbox"/> Prevent Scar Adherence | <input type="checkbox"/> Other _____       |
| <input type="checkbox"/> Improve Function  | <input type="checkbox"/> Reduce Sensitivity     |  |

### FREQUENCY/DURATION

- |   |  |
|---|--|
| <input type="checkbox"/> Therapist Discretion | <input type="checkbox"/> Physician Comments/Guidance |
|---|--|

CERTIFICATION: BASED ON MY EXAMINATION, I CERTIFY THAT THE PRESCRIBED PHYSICAL THERAPY IS MEDICALLY NECESSARY AND WILL BE PROVIDED ON AN OUTPATIENT BASIS. THIS PATIENT IS UNDER MY CARE, AND THE TREATMENT PLAN WILL BE ESTABLISHED AND REVIEWED AT LEAST EVERY 30 DAYS.

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_